

# Life Group Discussion Guide

Life in the Spirit  
Galatians 5:13-26

Read Galatians 5:13-26 together. Focus on recurring themes, words, and phrases. As you reflect on this passage and Pastor Caleb's message, what are your initial impressions or takeaways? What stood out to you most?

## Understanding the Holy Spirit

Pentecost was a true historical event marking the arrival of the Holy Spirit as a crucial part of our journey with Christ. Explore how the ongoing presence of the Holy Spirit influences our personal lives and our interactions within the Church.

- What does the arrival of the Holy Spirit at Pentecost mean for Christians today?
- How do you see the role of the Holy Spirit in your daily life?
- Discuss a time when you felt particularly led or comforted by the Holy Spirit.
- What steps can we take to become more aware of the Holy Spirit's presence in our lives?

## The Fruit of the Spirit

In Galatians 5:22-23 we are reminded that the Holy Spirit works within us to cultivate spiritual fruit. Consider the different ways the fruit of the Spirit is present in your life.

- Which of these do you find most evident in your life? Which ones are less so?
- Discuss the difference between trying to cultivate the fruit of the Spirit on our own versus relying on the Holy Spirit.
- What challenges do you face in allowing the Spirit to work through you?
- How does the Spirit help us in overcoming personal weaknesses and failures?

## External vs. Internal Change

Pastor Caleb shared an analogy of forgetting laundry in the washer leading to a foul smell, likening it to unaddressed sin in our lives. Discuss the importance of addressing our spiritual condition regularly.

- Share a personal experience where something 'unaddressed' in your spiritual life led to unexpected consequences. How did you resolve it?
- How does the metaphor of laundry forgotten in the washing machine help you understand spiritual neglect?
- Compare the acts of the flesh (Gal. 5:19-21) to the fruit of the Spirit (Gal. 5:22-23). What does Paul mean by "Against such things there is no law"?

## **The Historical Impact of Pentecost**

The day of Pentecost (described in Acts 2) was a pivotal moment for the disciples and foundational for the early church. Reflect on how the historical impact of Pentecost continues to influence the mission and identity of the Church.

- Discuss the historical significance of Pentecost and its impact on the early church.
- How do you think the events of Pentecost changed the disciples' understanding of their mission?
- What can modern Christians learn from the transformation the disciples experienced at Pentecost?
- Reflect on the growth and changes within the church since Pentecost. What inspires you most?

## **Community and the Holy Spirit**

Throughout the book of Acts the Holy Spirit nurtured and led the early Church. Discuss the role of the Holy Spirit in shaping our interactions and unity as a church community today.

- How does the Holy Spirit influence the way we interact within our church community?
- In what ways does the Church reflect the work of the Holy Spirit?
- How can we better foster a spirit-led community in our group?

## **Transformation Through the Spirit**

The transformative power of the Holy Spirit in our lives, helps us to overcome natural desires and grow in grace. Share and reflect on personal experiences of how the Holy Spirit has changed you.

- Share a personal testimony about a transformation you have experienced through the Holy Spirit.
- How does the Spirit empower us to overcome natural desires that lead us away from God's will?
- What are some practical ways we can open ourselves more fully to the Holy Spirit's transformation?
- How can we support each other in seeking and recognizing the Spirit's transformation in our lives?